Test Taking Strategies

Presented By
TRIO: Student Support Services
Preparing for the Test

Tests are a way of assessing YOUR understanding of the information presented in your courses and . . . .

- How well you have prepared
- Effectiveness of your study methods
- How well you can take tests

**Cramming** can be counterproductive – become aware of how much you DO NOT know, which can lead to test anxiety and poor test performance
Strategies for Test Preparation

Review course syllabus and class assignment sheets

- Know the chapters/topics that will be on the test.
- Review chapters, notes, and homework
Strategies for Test Preparation

Find out as much information as you can about the test:

- Attend review sessions
- Ask questions
- Talk to other students
- Take notes about what will be on the test
Strategies for Test Preparation

Use a five-day study plan to prepare for tests

- Ongoing review

Review study tools you created for factual information

- Practice associations, mnemonics, etc. that you have created

- Self-quizzing
Strategies for Test Preparation

Review procedural information by reworking steps or problems

• Practice writing out steps
• Rework examples or problems

Make summary notes of information you want to review the day before the test:

• Include concepts, steps and details
• Review “one more time” to keep information fresh in your memory
Participate in review sessions

• Create a study group
• PLAN to review the night before the test and an hour or so on the day of the test
• Make your own practice questions
• Deal with sources of test anxiety BEFORE the day of the test.
Practical Suggestions for Test Taking

- Be POSITIVE
- Arrive early for the test.
- Have all the supplies you need.
- Pay close attention to the test directions.
- Read all questions before answering them.
- Budget your time.
- Review the test.
- Have reasonable expectations.
REMEMBER ...

“The only way to pass a test is to take the test”

Marlo Morgan
REMEMBER ...

Tutoring is *ALWAYS* available.

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